



Be Kind Project



HERZ JESU INSTITUT Italy

Introduction



We are 150 students aged 11 to 14 who attend the middle school HERZ JESU INSTITUT in South Tyrol in the north of Italy. This year we would like to take action and explore the diversity in our society.

We want to spend time with people with special needs.

We want to treat each other with kindness and respect.

We want to experience the sense of community and how it influences our well being.



Project overview

Part one

Small stones big words

Part two

Building bridges

Part three

Hands on



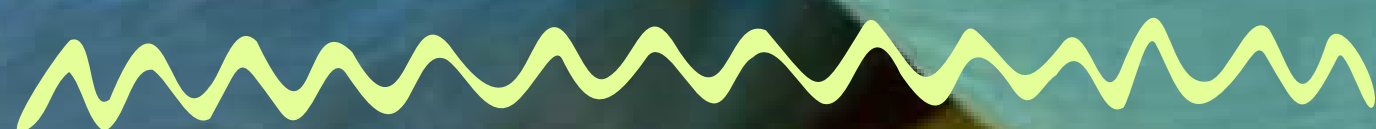
Part one

Small stones Big words

We decorated a stone
with a word that is
important to us.

Then we used these words
to share a message.

HOPE



Kleine Steine, magische Worte

Diese Schule ist toll,
ich liebe sie, wie sie ist, so voll,
unsere **Gemeinschaft** ❤️ ist korrekt,
und wir behandeln uns alle mit **Respekt** 💙.
Wenn jemand **Angst** 💜 hat, werden wir zu Wunderelfen,
und **helfen** 💛.
Jeder ist verschieden
und trotzdem gibt es **Frieden** ❤️.



Piccole pietre, parole magiche

Questa scuola è fantastica,
Mi piace così com'è, così piena,
la nostra **comunità** ❤️ è corretta
e tutti ci trattiamo con **rispetto** 💙.
Se qualcuno ha **paura** 💜 diventiamo elfi miracolosi,
e **aiutiamo** 💛.
Ognuno è diverso
eppure, c'è **pace** ❤️.



Small stones, magic words

This school is great,
I love it the way it is, so full,
our **community** ❤️ is correct,
and we all treat each other with **respect** 💙.
If someone is **scared** 💜 we become miracle elves,
and **help** 💛.
Everyone is different
and yet there is **peace** ❤️.



Rezept für gute Nachhaltigkeit

150 g Wald schützen, man sollte den Wald schützen, im Wald leben viele Tiere und die Bäume geben uns Sauerstoff.

50 g Mülltrennen, man kann den Müll trennen und recyceln.

120 g Plastik vermeiden, vermeide Plastik: es landet oft im Meer und für die Tiere ist es schädlich, aber auch für die Umwelt ist es schädlich.

20 kg Wiederverwenden, Müll kann man wiederverwenden: mit ihm basteln, man kann auch Kleidung wiederverwenden (second hand, vintage,...)

15 g Tierschutz: Bienen und Insekten müssen geschützt werden, ein Sprichwort lautet: Ohne Insekten, keine Menschen.

Dann mischen wir alles mit viel Ausdauer zusammen und dann ergibt es einen Kuchen der NACHHALTIGKEIT!



! Viel Spaß und Erfolg beim Ausprobieren!



Recipe for good sustainability

150 g Protect the forest, you should protect the forest, many animals live in the forest and the trees give us oxygen.

50g Separate waste, you can separate and recycle waste.

120g Avoid plastic: it often ends up in the sea and it is harmful to animals and the environment.

20kg Reuse, rubbish can be reused: you can do handicrafts with it; you can also reuse clothes (second hand, vintage...)

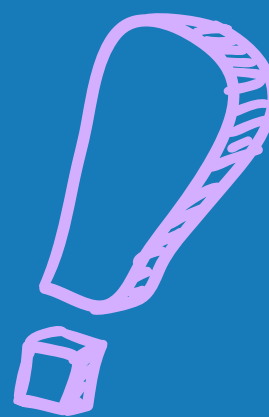
15g Animal welfare: bees and insects must be protected, as the saying goes: Without insects, no humans.

Then we mix everything together with a lot of perseverance and then it makes the cake of SUSTAINABILITY!

! Have fun and good luck trying it out!



School community,
to help, to help that's a must,
especially at school, that's fine.
The team, it gives hope and guidance
and also resolves a dispute.
Gratitude is fundamental, especially at
school,
complacency is like a disease.
Instead of bickering, we can say thank you
all at once.
Respect in the community is a must,
but when we ask for it,
everyone acts like a hypocrite
(person with a halo).



The truth!

Wir sollten uns alle **respektieren**,
und uns nicht verlieren.

Frieden soll es überall geben,
wir sollten dafür die **Hoffnung** nie aufgeben.
Nirgendwo gibt es mehr **Frieden**,
doch es steht für alle immer unentschieden.

Mobbing gibt es jeden Tag,
doch selten einen **Friedensvertrag**.
Wir sollten uns **akzeptieren**,
und nicht gegenseitig attackieren.

Der **Respekt** soll im Vordergrund stehen,
und wir sollten uns endlich lernen zu verstehen.

Die **Hoffnung** ist der Grundstein,
für ein gutes Miteinander sein.

Besser ist der **Frieden**,
als einen bösen Plan zu schmieden.

The truth!

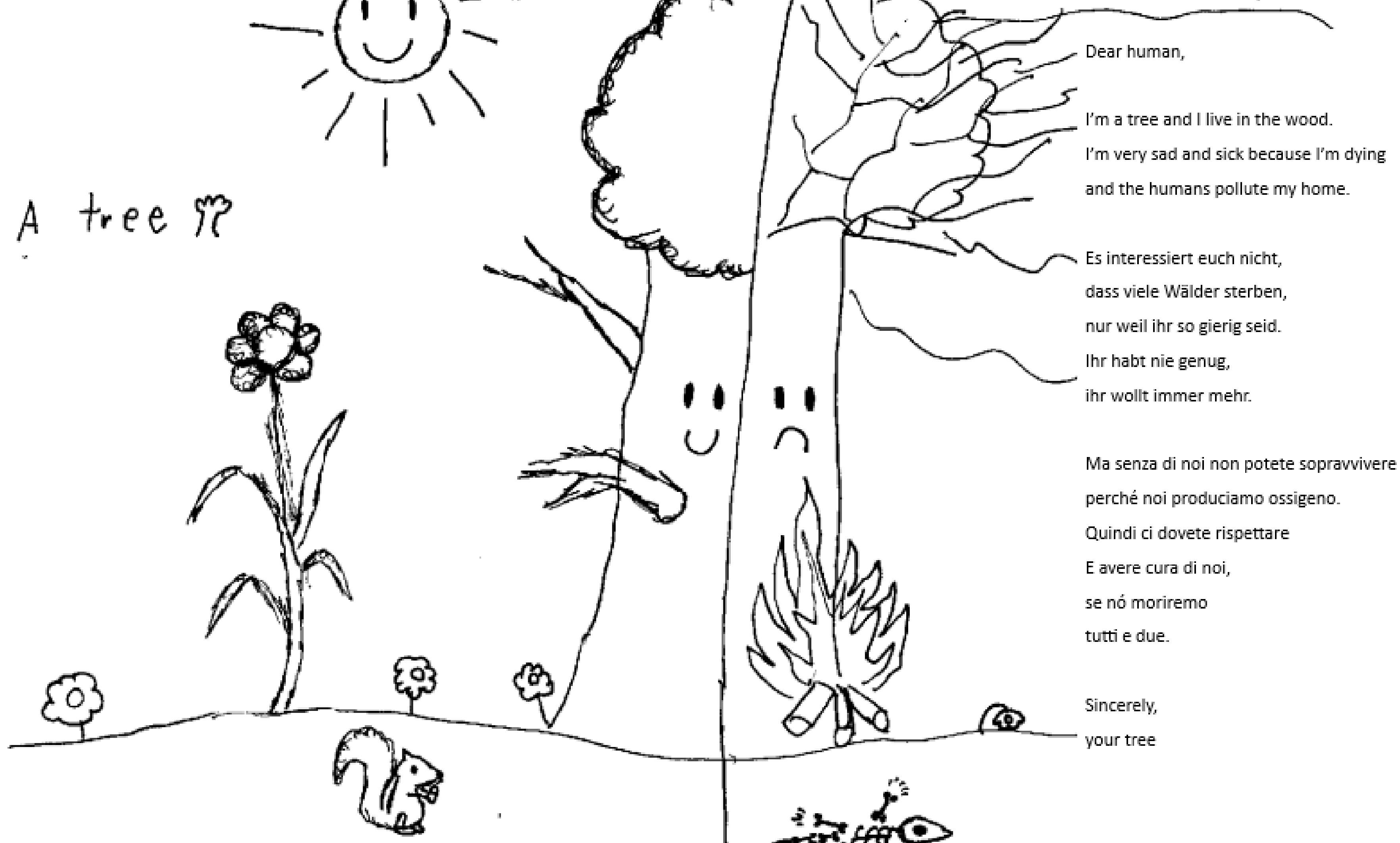
We should all **respect** each other
and not lose each other.

There should be **peace** everywhere.
We should never give up **hope** for it.
Somewhere there is more **peace**.

But it's always a draw for everyone.
There is bullying every day,
but rarely a **peace** treaty on its way.

We should **accept** and not attack each other.
We should focus on **respect**
and finally learn to understand each other.

Hope is the cornerstone of good coexistence.
Peace is better than hatching evil plans.



Dear human,

I'm a tree and I live in the wood.

I'm very sad and sick because I'm dying
and the humans pollute my home.

Es interessiert euch nicht,
dass viele Wälder sterben,
nur weil ihr so gierig seid.
Ihr habt nie genug,
ihr wollt immer mehr.

Ma senza di noi non potete sopravvivere
perché noi produciamo ossigeno.
Quindi ci dovete rispettare
E avere cura di noi,
se nó moriremo
tutti e due.

Sincerely,
your tree

Ciao, sono io il cestino della plastica.
Sono spesso sulle strade, nelle case
o nelle classi, ma tutti fanno lo stesso
errore: buttano in me anche lattine,
carta..., ascolta io sono solo per
la plastica, non fare anche tu
lo stesso errore. E se puoi ricicla:
mi, e ricorda la plastica inquina,
quindi se puoi differenzia i rifiuti.
Grazie! Il cestino della plastica.

ITA

Hello, I am the plastic bin.

I'm often on the streets, in homes or
classrooms, but everyone makes the
same mistake:

they also throw cans, paper... into my
bin.

Listen! I'm only for plastic, don't make
the same mistake.

And if you can, recycle me.

And remember: plastic pollutes.

So if you can sort your waste.

Do it!

Thank you!


The plastic bin





Word art with our favourite words



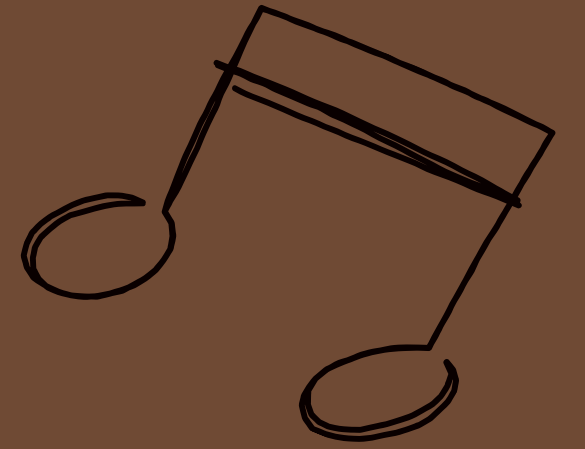
The background of the slide features several smooth, rounded stones of various colors (blue, green, pink, orange) lying on a bed of dry grass. Each stone is hand-painted with German text or symbols. Visible text includes 'LEBEN' (top left), 'VORURTEILE' (top center), 'GLO' (top right), 'ZUSAMMENHALT' (center left, on a blue stone), 'ZUSAMMENHALT' (center, on a light blue stone), 'pflanzen' (center right), 'Meeresverschmutzung' (left, on a blue stone), 'FAIR' (bottom left, on a green stone), 'Herzlich' (bottom right, on a green stone), and 'keit' (bottom right, on a green stone). A central white rectangular box with a torn-edge effect contains the text 'Part two' and 'Building bridges' in a black, handwritten-style font. Two yellow arrows point from the top-left towards the box, and two pink arrows point from the bottom-right towards the box.

Part two

Building bridges



stones to build bridges
not walls



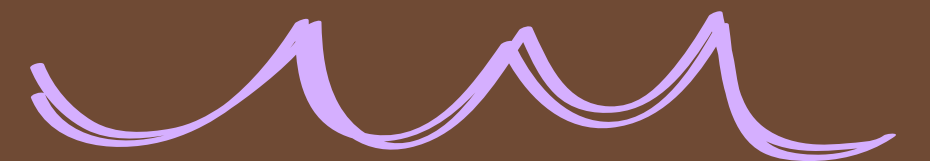
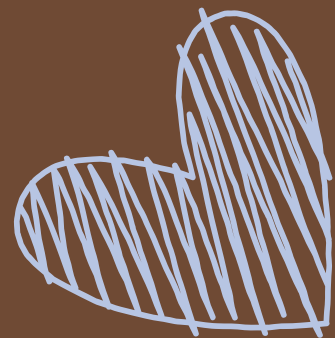
Meeting our friends
in Japan

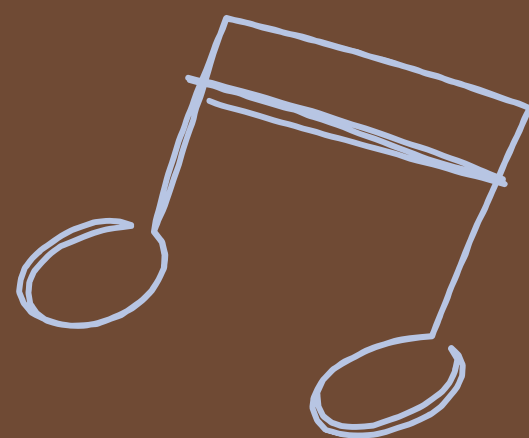
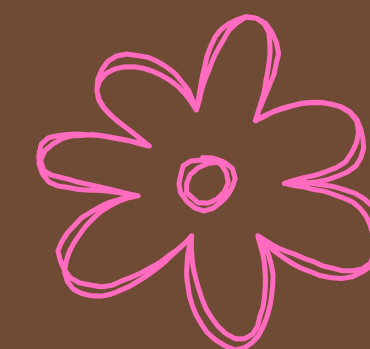


Meeting our friends
in Israel





Singing together with our
friends in Israel





We lit candles together and sang
a song in Hebrew and English.





Light a candle

ונדליק ביחד נר

Nadlik bejachad ner

song by Sarit Hadad

לפעמים נדמה שאין תקווה

Lifamim nidme sh'eyn tikva

Sometimes it seems that there is no hope

אז בואו ונדליק ביחד נר, נר

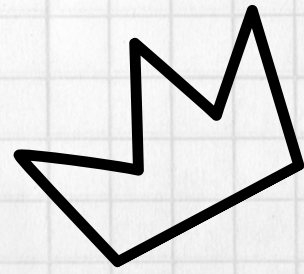
Aß bou uenadlik bejachad ner, ner

So let's light a candle together, a candle



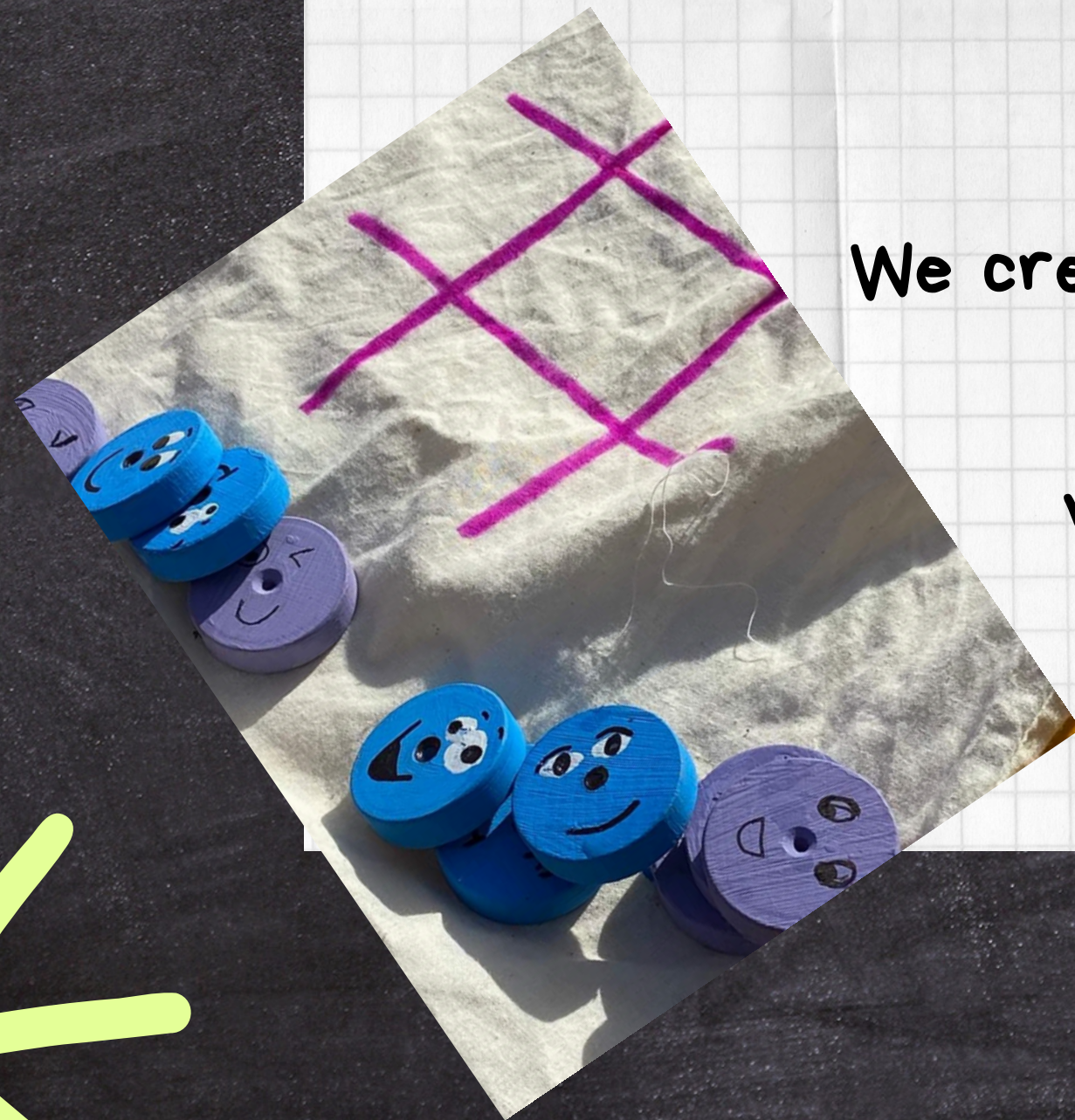
The background of the image features several smooth, light-colored stones arranged on a wooden surface. Each stone is divided into two halves by a black line and contains a different colorful drawing: a blue umbrella, a red ladybug, a black anchor, a pink butterfly, a yellow star, a yellow sun with rays, a blue fish, and a white flower with a yellow center. Three purple arrows point from the top left towards the text, and three light blue arrows point from the right towards the text.

Part three Hands on



Let's play and work together

We created our own board games
with stones,
wood and cotton bags.





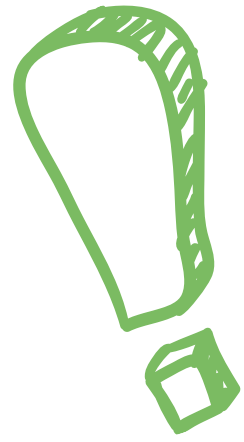
We played board games, created decorations and ate biscuits with our new friends.

We played games and did
handicrafts with elderly people



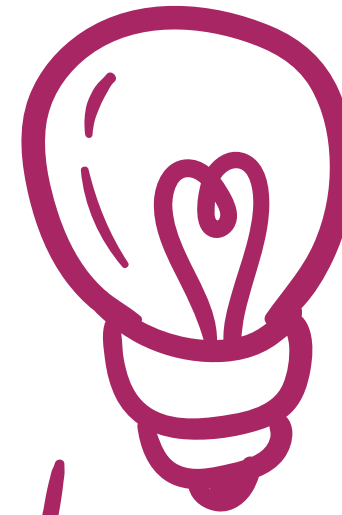
We distributed food to poor families and played board games with children from different countries.





The social projects were organised and done by the Greenfluencers.

They are pupils from different classes who represent the school community and put into action the ideas of their peers.



We are a group with eleven members
We are called the Greenfluencers

We participate in special occasions
We sometimes meet people from other nations
We build bridges between youngsters from far away

Talking to them makes us our day

In what we do we try to succeed
To help people in need

We try to make their day better
Money or a price don't matter

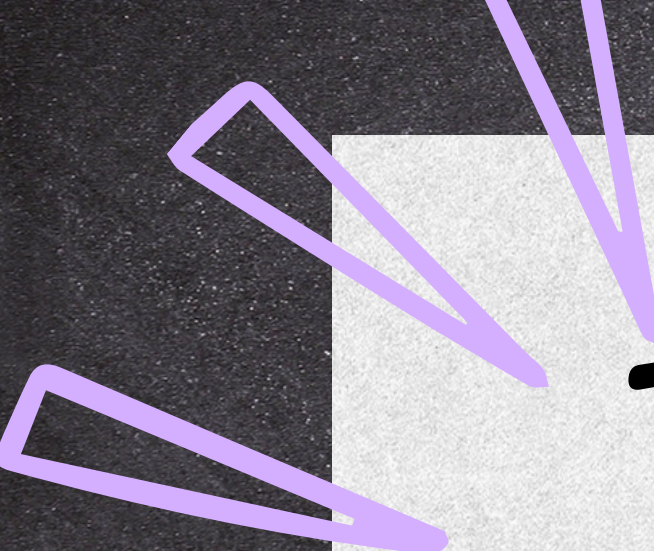
We do it for free
Empathic humans we want to be

We also help the poor
We give them food and more

Our theme of the year is to be kind
So we try to open our mind
And show the best of us.

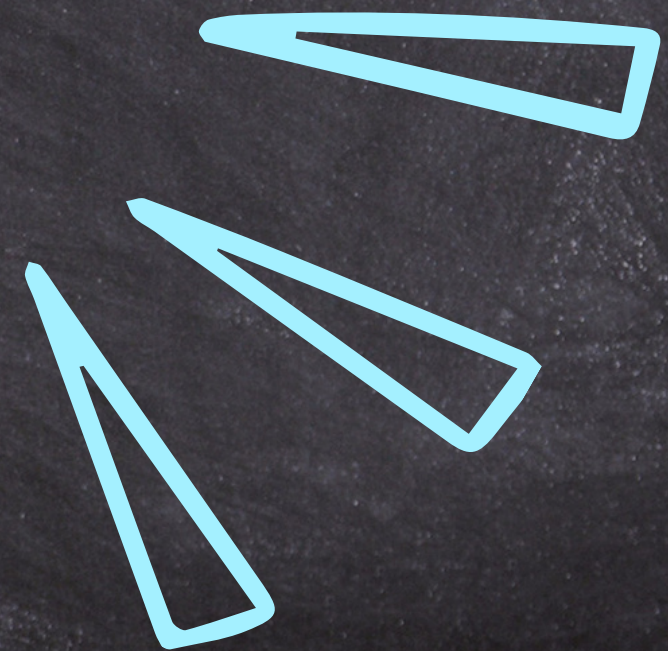
So join us and about a new project we will discuss.

by Benjamin



The team


- All German, Italian and English teachers of the Herz Jesu Institut
- The Art teacher and project leader
Dr. Daniela Terragnolo
- The Greenfluencer team and all the students of the Herz Jesu Institut





THANK YOU



- Charity association "Vinzenzverein Brixen"
 - Social centre "Seeburg Brixen"
 - Home for elderly people in Brixen
 - Mental health centre "Bad Bachgart"
 - the students and teachers of our partner schools in Japan and Israel
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